

# Sports Physicals for 9<sup>th</sup> and 11<sup>th</sup> grade

If you are playing in a sport this year and you are in 9<sup>th</sup> or 11<sup>th</sup> grade, you will need an updated sport physical. Please note, if you do not have a sport physical you will not be allowed to play. We are making it easy for you! Jeremy Frix P.A.C at Primary Health will be donating his time to administer the physicals at Ambrose. NO insurance. NO Lines. NO hassle. JUST: \$30 for the physical and all proceeds will go to Archer Athletics.

**When:** Friday, August 11

**Time:** 12:30-5:00pm (each appointment is 15 minutes)

**Where:** The Ambrose School Team Room

**HOW:** Email Amy Yenor at [ayenor@theambroseschool.org](mailto:ayenor@theambroseschool.org) to sign up for a time slot.

*\*if you are unable to attend, you will still need a physical, use the attached form for sports physicals.*