

Sports Physicals for 9th and 11th grade

If you are playing in a sport this year and you are in 9th or 11th grade, you will need an updated sport physical. Please note, if you do not have a sport physical you will not be allowed to play. We are making it easy for you! Jeremy Frix P.A.C at Primary Health will be donating his time to administer the physicals at Ambrose. NO insurance. NO Lines. NO hassle. JUST: \$30 for the physical and all proceeds will go to Archer Athletics.

When: Friday, August 11

Time: 12:30-5:00pm (each appointment is 15 minutes)

Where: The Ambrose School Team Room

HOW: Email Amy Yenor at ayenor@theambroseschool.org to sign up for a time slot.

**if you are unable to attend, you will still need a physical, use the attached form for sports physicals.*